



LEAGRAVE PRIMARY SCHOOL



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'STRIVING FOR EXCELLENCE, LEARNING FOR LIFE'

Tuesday 9th June 2026

Dear Parent/Carer,

During the weeks beginning **Monday 15th June and Monday 22nd June 2026**, Years 1 and 2 will be having a lesson in which the PANTS rules will be introduced to the children.

During this lesson we will aim to teach the children the following important safety skills without giving explicit information or telling scary stories. We will be teaching our pupils how to stay safe by learning the PANTS rules, which the NSPCC have developed to be a code for staying safe from sexual abuse.

PANTS stands for:

- **Privates are private.**
- **Always remember your body belongs to you.**
- **No means no.**
- **Talk about secrets that upset you.**
- **Speak up, someone can help.**

The lesson will introduce a range of ideas which are delivered in a way that's fully age-appropriate, empowering pupils without using any frightening words.

These include:

- **Good and bad touching.**
- **Your child's right to say no to things that make them feel upset or uncomfortable.**
- **Naming parts of the body.**
- **Who your child can turn to if they ever feel upset or worried.**

If you would like to know more about the NSPCC's campaign and learn how you can help keep your children safe in partnership with Legrave Primary School, more information can be found at nspcc.org.uk/pants.

If you have any questions or concerns, please don't hesitate to speak to me.

Yours sincerely,

Debbie Bastin
Deputy Headteacher and Designated Safeguarding Lead

